

# LAKESHORE GYMNASTICS



Melanie Sakelaris and Evelyn Hanson show off their perfect form!

## In this Newsletter - DECEMBER

- Christmas party
- 9.0 Members
- Word Search
- Courts Meet
- Help with newsletter

## SEE YOU AT THE CHRISTMAS PARTY

Don't forget to mark your calendars! Thursday, December 14<sup>th</sup> from 6-9pm, Lakeshore will hold its annual Christmas Party at the Old Towne Banquet Hall located in Valparaiso. Please RSVP by December 7<sup>th</sup>. The entire family is invited. The cost is \$5.00 per person which includes Dinner, DJ, and tons of

fun. Call to make your reservations. Kelly Urycki is the person in charge and can be reached at 983-2142 or email her at [Urycki5@msn.com](mailto:Urycki5@msn.com). or simply sign up at the desk.

We are what  
we repeatedly  
do.  
Excellence,  
therefore,  
is not an act  
but a habit

## More 9.0 Members .. way to go

**Remember, these are girls that have received a 9.0 or higher on an event for the first time this year!**

### LEVEL 3

Brittney Troup – 9.025 BEAM  
Juliana Vindas – 9.125 VAULT  
Katelyn Davis – 9.0 VAULT, 9.0 BARS

### LEVEL 4

Emma Garzella 9.075 VAULT, 9.075 BARS

### LEVEL 5

Andi Breitowich- 9.025 BEAM  
Sammi Martin – 9.2 FLOOR  
Kaitlin Loehmer- 9.0 VAULT

### LEVEL 7

Mary Choucalas 9.3 VAULT  
Emily Kozak – 9.275 BARS  
Elizabeth Kozak – 9.0 VAULT  
Laren Weibl – 9.0 VAULT

### LEVEL 9

Callie Kuehl – 9.15 Floor

### PRE-OPTIONAL

Demi Santana – 9.175 FLOOR





## GOOD LUCK AT THE COURTS AND SHARPS

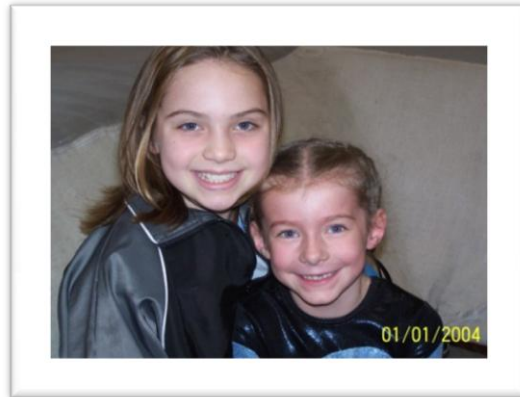
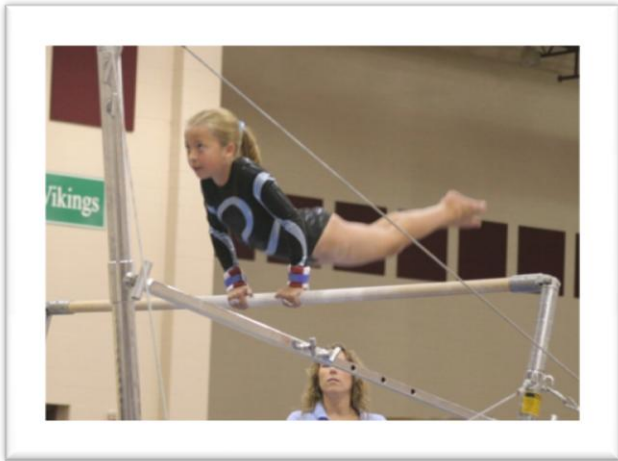
Just wanted to wish everyone good luck at the next couple of meets. Here are the schedules:

### COURTS

Level 4 (9yr, 11 and over)	8:30am Saturday
Level 4 (8yr, Level 3 11 and over)	12:45 Saturday
Level 6 (all ages)	4:45 Saturday
Level 7 (11 and under & Prep Opt)	8:00am Sunday
Level 5 (10yrs & 12 yrs)	11:15 Sunday
Level 5 (11yrs & 13 and over)	2:45 Sunday

### SHARPS (Indy)

Level 4 (all ages)	8:00am Saturday
Level 7 (all ages)	12:00 Saturday
Level 6 (all ages)	9:00am Sunday
Level 5 (all ages)	12:15 Sunday



## FUN WORD SEARCH

Dance  
Routine  
Bars  
Stick It  
Grips  
Coaches

Perfect Ten  
Sportsmanship  
Team  
Perfection  
Back Tuck  
Round Off

Splits  
Run  
Braids  
Chalk

S P O R T S M A N S H I P  
P G U P E R U N X P C M B  
L D L L H A M P R I H R A  
I A C N M B M W E R A O C  
T N B R A I D S D G L U K  
S C O A C H E S N R K T T  
Q E S A C J Y Y R M M I U C  
P E R F E C T I O N A N C  
S T I C K I T O P L U E K  
R P E R F E C T T E N F T  
E T R O U N D O F F F Y F

Be one of the first 3 girls to turn this into the front desk with all the right answers and win 2 free scrunches!



***Our  
greatest  
glory is  
not in  
never  
falling  
but in  
rising  
every  
time we  
fall.***

## Calling all team Moms .. and others

In order for this newsletter to be informative, I need information! If you have an event going on, or if you have pictures, please get them to me. I like to use the candid pictures, they turn out great. Email me at [cturner@cei-edu.com](mailto:cturner@cei-edu.com) or send your information to the gym and they will give it to Sarah (level 6) to give to me. I am always looking for upcoming events, parties, etc. Thanks ... Chris

***Why does Santa have 3 gardens?***

***SO HE CAN HO HO HO***

***How do snowman travel Around?***

***BI ICEICLE***

## Good Luck High School Girls

Well, it is that time of year again that we say good bye to the high school girls. We hope you have an incredible season, best of luck. See you back after State!

